

Annwyl Riant/Gwarcheidwad

Mae achos o COVID-19 wedi'i gadarnhau yn nosbarth eich plentyn. Dylai eich plentyn barhau i fynychu'r ysgol. Fodd bynnag, gofynnwn ichi fod ar eich gwylidwriaeth am symptomau COVID-19 yn eich plentyn.

Dyma **dri phrif symptom** COVID-19:

- tymheredd uchel: bydd brest neu gefn eich plentyn yn boeth i'w cyffwrdd
- peswch cyson, newydd: bydd eich plentyn yn peswch llawer am fwy nag awr, neu'n cael 3 neu fwy o byliau peswch mewn 24 awr
- colli synnwyr arogli neu flasu, neu newid yn y synnwyr arogli neu flasu: bydd eich plentyn wedi sylwi nad yw'n gallu arogli neu flasu unrhyw beth, neu fod pethau yn arogli neu'n blasu'n wahanol i'r arfer.

Os oes **unrhyw un o'r tri phrif symptom hyn** ar eich plentyn, peidiwch â'i anfon i'r ysgol a threfnwch brawf PCR ar ei gyfer ar unwaith. Gallwch archebu prawf PCR ar-lein drwy wefan y GIG yn gov.uk/get-coronavirus-test neu drwy ffonio 119. Dylai unrhyw un arall yn eich cartref sydd ag **unrhyw un o'r tri phrif symptom hyn** hefyd ynysu a chymryd prawf PCR.

Os yw eich plentyn o dan 5 oed, ni ddylid ei brofi am COVID-19 oni bai bod meddyg yn dweud wrthyfch am wneud, neu eich bod o'r farn bod prawf yn gwbl angenrheidiol ac mai dyna sydd orau i'ch plentyn. Fodd bynnag, dylai gael ei gadw o'r ysgol tra bydd symptomau ganddo.

Fel ysgol, nid ydym bob amser yn ymwybodol o amgylchiadau personol, a gallai fod yna oedolion neu blant yn eich cartref neu eich grŵp cyswllt estynedig sydd â chyflyrau sy'n cynyddu risg COVID-19. Efallai y byddwch am gyfyngu ar eich cysylltiad ag unrhyw un sydd mewn perygl mwy o effeithiau COVID-19 rhag ofn.

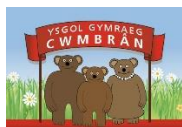
Er gwybodaeth y mae'r llythyr hwn, er mwyn ichi fod ar eich gwylidwriaeth am symptomau COVID-19. Mae'n bosibl y cewch ohebiaeth bellach gan y tîm Profi, Orlhain, Diogelu a rhagor o wybodaeth a chyfarwyddyd.

Rydym yn gwybod cymaint y mae'r flwyddyn ddiwethaf hon wedi tarfu ar fywydau pawb. Eleni, rydym am gadw eich plentyn yn yr ysgol gymaint â phosibl, ond rydym hefyd am gadw ein hysgolion a'n cymunedau yn saff rhag effeithiau COVID-19.

Yn gywir,

C N Evans

Catrin Evans
Pennaeth



Dear Parent/Guardian

There has been a confirmed case of COVID-19 in your child's class. Your child should continue to attend school. However we ask that you look out for symptoms of COVID-19 in your child.

The **three key symptoms** of COVID-19 are:

- a high temperature: this means that they feel hot to touch on their chest or back
- a new, continuous cough: this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to their sense of smell or taste: this means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

If your child has **any of these three key symptoms**, please do not send your child to school and arrange a PCR test for them immediately. You can book a PCR test online through the NHS website at [gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) or by calling 119. Anyone else in your household with **any of these three key symptoms** should also isolate and take a PCR test.

Please note that if your child is under the age of 5 years old they should not take COVID-19 tests unless directed to do so by a doctor or if you believe a test is absolutely necessary and in the best interests of your child. They should however remain off school whilst they have symptoms.

As a school we are not always aware of personal circumstances and there may be adults or children with conditions that increase the risk from COVID-19 in your household or extended contact group. You may choose to limit contact with anyone at greater risk from the effects of COVID-19 infection as a precaution.

This letter is for information so you are aware to look out for any symptoms of COVID-19. You may receive further correspondence from the Test Trace Protect (TTP) team who may provide you with further information and instructions.

We know how disruptive the last year has been for everyone. This year we want to keep your child in school as much as possible, but we also want to keep our schools and communities safe from the effects of COVID-19

Yours sincerely,

C N Evans

Catrin Evans
Headteacher