



NHS Wales Test, Trace, Protect Service

Dear Parent/Guardian,

Your child has been identified as a close contact of a positive case of COVID-19 at Ysgol Gymraeg Cwmbrân on **13th September 2021**.

Although there is still a risk of you/your child getting COVID-19, your child can continue to attend school provided your child remains well.

For additional peace of mind, we recommend that you book a PCR test for your child. You can do this on receipt of this letter and 8 days after the above date. You can book a PCR test online through the NHS website at www.gov.uk/get-coronavirus-test or by calling 119. There is no requirement to isolate whilst awaiting the test result, provided that you/your child do not have any symptoms.

We know that in general COVID-19 doesn't affect young people as seriously as it does others in our families and community. But to help keep others safe, there are still some things you/your child can do to reduce the risk of spreading the infection. For the next 10 days we recommend you/your child:

- **Avoid contact with anyone at greater risk from the effects of COVID-19 infection.**
This includes older people, those with long-term health conditions, and anyone who hasn't received a full course of COVID-19 vaccine.
- **Be alert for new symptoms.**
If you/your child start to feel unwell, no matter how mild the symptoms are, you/your child should stay away from school and get a PCR test.
- **Limit contact with large groups of people as much as possible.**
Try to keep the number of people in close contact with you/your child to as few as possible. Avoid large gatherings outside of school, social events (e.g. birthday parties) and after-school activities.
- **Keep washing hands regularly.**
This is still an important way to limit the spread of many infections, including COVID-19.

If you/your child remain well after 10 days you can return to normal activities.

We know how disruptive the last year has been for everyone. This year we want to keep your child in school as much as possible, but we also want to keep our communities safe from the effects of COVID-19. We hope that you will be able to play your part by following the advice above.

Should you have any queries or wish to discuss the content of this letter further, please do not hesitate to contact your School directly, the Test, Trace and Protect Service on 01633 648173 or by email to trackandtrace@torfaen.gov.uk.

With best wishes

A handwritten signature in black ink, appearing to read 'JAT.', with a horizontal line extending from the end of the signature.

Jason Austin
Operational Lead - NHS Wales Test, Trace, Protect Service