



Ras Gyfnewid / Relay for Life

Annwyl Rhiant / Gwarchodwr,

Ar ddydd Gwener yr 17eg o Fai, rydyn ni'n bwriadu rhedeg ras gyfnewid i godi arian ar gyfer elusen ymchwil i gancr. Mae dau ddisgybl ar y Pwyllgor Ieuenctid ar gyfer ymchwil cancr ym Mhontypŵl, felly rydyn ni wedi penderfynu ceisio eu helpu cymaint a phosib. Bydd pob dosbarth yn rhedeg milltir neu ddwy er mwyn cwblhau marathon o fewn y diwrnod. Gofynnwn yn garedig i chi noddi yn hael ac mae croeso i'r disgyblion wisgo cit ymarfer corff i'r ysgol ar y diwrnod yma.

Yn ogystal â'r marathon, bydd bandiau breichiau 'Relay for Life' yn cael eu gwerthu ar ddiwedd y dydd ar iard yr ysgol am £1 yr un.

Diolch yn fawr,

Chloe-Jade a Megan
(Cyngor Ysgol)

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Dear Parent/ Guardian,

On Friday the 17th of May, we aim to run a relay race to raise money for cancer research. Two of our pupils are on the Youth Committee for cancer research in Pontypool therefore we have decided to help them raise as much money as possible. Each class will run a mile or two to complete a marathon within the day.

We ask kindly for your generous donations and the pupils may come to school wearing their P.E kit on this day.

As well as completing a marathon the pupils may buy a race for life wristband which will be on sale at the end of the day for £1 each.

Diolch yn fawr,

Chloe-Jade a Megan
(School Council)