

Dear Parents / Carers,

## <u>Important information regarding your child's Mini First Aid Kids</u> <u>class</u>

As the largest children's first aid training provider in the UK, we are excited to meet your child and teach them all about first aid! Fresh from our BBC's Dragons' Den success where we won over our dragon, TV's Sara Davies, we cannot wait to deliver vital first aid training to as many school aged children as possible. The class will be delivered in school by our fully risk assessed and DBS checked trainers, and will cover keeping safe in an emergency and calling 999 for help, as well as how to do CPR and deal with bleeds, burns, choking and more.

## What you need to do before the session:

If your child has allergies to hypoallergenic plasters, dressings or first aid tape, please make sure your school is informed so we can ensure your child's safety and arrange an alternative for them.

## What you need to do after the session:

- Complete the Mini First Aid Kids booklet which your child will bring home this helps them share their learning with you and commit what they have learnt to memory
- Show them how to use your home or mobile phone to call 999, and make sure they know your home address off by heart
- Make sure you have a first aid kit at home (your child will have practised using various equipment) – you can buy our stylish, compact first aid kit here
- Proudly display your child's first aider certificate!

If you'd like to stay up to date with children's health advice and first aid knowledge, sign up for our free newsletter at https://www.minifirstaid.co.uk/subscribe

And if you feel like YOU need to know what to do in a first aid emergency, sign up to our 2 hour adult class at https://www.minifirstaid.co.uk/classes

Thank you for the opportunity to train your child in life-saving first aid and create a new generation of first aid superheroes!

Many thanks, Mini First Aid