

# Thema Meithrin / Derbyn

## Nursery / Reception Theme

**Fi fy hun / Me myself:**

Ein tema yn y Feithrin a Derbyn yn ystod yr hanner tymor hwn yw 'Fi fy hun'. Yn ystod yr hanner tymor byddwn yn edrych ar nifer o agweddau o'r tema hon:-

*Our theme in Nursery and Reception this half term is 'Me myself'. During this half term we will be looking at a number of aspects of this theme :-*

**Pa agweddau o'r tema 'Fi fy hun' byddwn yn canolbwyntio arnynt?**

**Which aspects of the theme 'Me myself' will we be concentrating on?**

Gweithgareddau/arferion gwahanol o fewn y dydd, wythnos a.y.b. / Different activities / routines within the day, week etc.

Dysgu am rannau gwahanol y corff/ Learning about different parts of the body.

Dysgu am fathau gwahanol o dywydd, misoedd y flwyddyn, y tymhorau a phenblwyddi./ Learning about different types of weather, the months of the year, seasons and birthdays.

Y synhwyrau/ The senses.

Y gwahaniaethau rhwng unigolion / The differences between individuals.

Teimladau ac emosiynau / Feelings and emotions.

Anghenion personol megis hylendid personol a bwyta'n iach / Personal needs such as personal hygiene and healthy eating.

### Geirfa ddefnyddiol / Useful vocabulary:

dathlu- celebrate / pen-blwydd- birthday

blasu- taste/ clywed- hear/ teimlo—feel / gweld- see

hapus- happy / trist- sad / ofnus- frightened / crac-angry

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Cadwch lygad ar y tri uchod am fwy o wybodaeth / lluniau o'ch plant.

*Keep an eye on all three above for more information / pictures of your children.*

