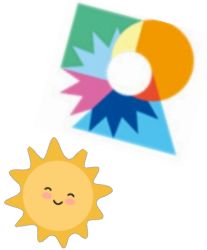


# Talks in Torfaen for Parents & Caregivers



Summer 2026

A series of talks for **ALL** parents & caregivers of children who are **nursery** or **primary** school age (**1-10 years old**) in Torfaen.

Talks will take place online using **Microsoft Teams** and are delivered by **NHS Psychologists**.

Talks are about **supporting your child with their...**



with Dr Charlie Cowtan  
(Clinical Psychologist)

**Friday**  
**12th June**  
**9:30 - 10:30am**  
Emotional Wellbeing

**Friday**  
**19th June**  
**9:30 - 10:30am**  
Difficult Emotions  
e.g. separation anxiety, anger, feeling nervous

**Friday**  
**26th June**  
**9:30 - 10:30am**  
Development  
e.g. understanding emotions, social skills, concentration



**Friday**  
**3rd July**  
**9:30 - 11.00am**  
Screens & Devices

**Friday**  
**10th July**  
**9:30 - 10:30am**  
Going back to School  
e.g. after summer holidays, start of new school year



If you would like to book on to these talks please click on the link below or scan the QR code

<https://forms.cloud.microsoft/e/CXaZnC3tFa>

