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Monday	Tuesday	Wednesday	Thursday	Friday
Bubble Salmon* served with Herby diced potatoes, peas or mixed salad, bread and spread or Vegetable Noodles (v) served with a tortilla wrap	Homemade Beef Lasagne or Homemade Quorn and Spinach Lasagne (v) served with garlic bread and mixed salad	Roast Chicken and Stuffing or Quorn Fillet and Stuffing (ve) served with dry roast and boiled potatoes, seasonal vegetables and gravy	Pork and Carrot Meatballs or Quorn Balls (v) served with mashed potatoes, broccoli, carrots, green beans and gravy	Cheese and Tomato Pizza (v) served with chips, mixed salad or peas or Cheesy Bean Filled Jacket Potoato (v)
********* Jam and Coconut Sponge with custard	******** Fruit and yoghurt	******** Fruit flapjack and milk	******* Fruit and yoghurt	******* Chocolate arctic roll



or baked beans Wednesday Thursday Monday Tuesday Friday

Tortilla wrap/ Garlic bread,

cheddar cheese with a mixed salad

Rich Homemade Bolognese

Mac and Cheese (v)

Tuna and Sweetcorn Mayo

Quorn Sausage (ve) in a **Rich Tomato Sauce**

Chicken and Mixed Peppers

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details. *salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jumbo Fish Finger or Vegetable Nuggets (ve) served with Herby diced potatoes, peas or baked beans	Homemade Chicken Curry or Homemade Quorn and Spinach Curry (v) served with rice, mixed salad and naan bread	Roast Turkey and Stuffing or Quorn Fillet and Stuffing(ve) served with dry roast and boiled potatoes, vegetable selection and gravy	Homemade Beef Spaghetti Bolognese or Homemade Vegetable Bolognese (v) served with a side salad and garlic bread	Pork Sausage Hot Dog or Glamorgan Sausage Hot Dog (v) served with chips, baked beans or peas
******** Lemon drizzle cake and custard	******** Fruit and yoghurt	******* Welsh cake and milk drink	******* Fruit and yoghurt	******** Fruit and ice cream



Tortilla wrap/ Garlic bread,

cheddar cheese

Pork and Carrot Meatballs in a rich Tomato Sauce

Rich Homemade Bolognese

Plain/ Tomato Pasta

or Baked

Chicken Mayonnaise

Mac and Cheese (v)

Quorn Sausage (ve) in a savoury Tomato Sauce

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.

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Monday	Tuesday	Wednesday	Thursday	Friday
readed Chicken Goujons or Quorn Nuggets (ve) served with erby diced potatoes, peas, bread and spread **********	Bubble Salmon* served with Mashed potato, peas, bread and spread or Mac and Cheese with Broccoli topped with a Crusty Crumb (v) served with garlic bread and	Pork Sausage and Yorkshire Pudding or Quorn Sausage (ve) and Yorkshire Pudding served with dry roast and mashed potato, seasonal vegetables and gravy ************************************	Homemade BBQ Minced Beef or Homemade BBQ Quorn Mince (v) served with rice, tortilla chips and side salad ***********************************	Cheese and Tomato Pizza (v) served with chips, peas and sweetcorn or Tuna and Sweetcorn Filled Jacket Potato *********************************

Chocolate brownie and milk



Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans

Monday	Tuesday	Wednesday	Thursday	Friday

Tuna and Sweetcorn Mayonnaise

custard

Rich Homemade Bolognese

Fruit and yoghurt

Chicken in a Creamy Tomato and Mascarpone Sauce

Mac and Cheese (v)

Fruit and yoghurt

Quorn balls (ve) in a Savoury Tomato Sauce

Raspberry arctic roll and fruit

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details. *salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

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Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers or Glamorgan Sausage (v) served with Herby diced potatoes, baked beans, bread and spread	Homemade Beef Bolognese Pasta Bake or Homemade Quorn Bolognese Pasta Bake (v) served with garlic bread and salad	Pork Loin and Stuffing or Quorn Fillet and Stuffing (ve) served with dry roast and boiled potatoes, assorted vegetables and gravy	Homemade Chicken Curry or Homemade Quorn Curry(v) served with rice, peas or sweetcorn and naan bread	Beefburger in a Bun or Vegetable Burger in a Bun (ve) served with chips and peas *********
******* Fruit crumble and custard	******** Fruit and yoghurt	******* Fruit jelly and biscuit	Fruit and yoghurt	Toffee or strawberry yoghurt flavour ice cream



Wednesday Friday Monday Tuesday Thursday

Mac and Cheese (v)

Chicken and Mixed Peppers

Chicken Mayonnaise

Homemade Beef Bolognese

Pork Sausage in a savoury **Tomato Sauce**

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.